IMMEDIATE ACTIONS:
- Gently squeeze wound (DO NOT SUCK AREA),
- Wash affected area with soap & water (DO NOT SCRUB)
- Rinse mucous membranes with warm water (DO NOT SWALLOW WATER)
- Cover broken skin with waterproof dressing e.g. elastoplast, if not allergic

ASSESS IF EXPOSURE IS SIGNIFICANT:
- Percutaneous injury (e.g. needle, instruments, bone fragments, significant bites which break the skin, etc)
- Exposure of broken skin (abrasions, cuts, eczema, etc)
- Exposure of mucous membranes including the eye

OCCUPATIONAL HEALTH SERVICE

MANAGEMENT OF OCCUPATIONAL EXPOSURE TO BLOOD-BORNE VIRUSES

START

<table>
<thead>
<tr>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
<tbody>
<tr>
<td>YES</td>
<td>NO</td>
</tr>
</tbody>
</table>

Prophylactic therapy must be offered to EXPOSED EMPLOYEE if possible within one hour of contact.
Take advice from the Infection Unit Consultant Contact via switchboard 0845 45 66 000

Advice and support can be obtained from:
NHS Grampian Occupational Health Service, Foresterhill Lea - Tel: (01224) 553663; or, in Moray Tel: (01343) 567386
Consultant in Virology on Tel: (01224) 553818 / 0845 45 66 000
Consultants in the Infection Unit through the main NHS Grampian Switchboard on Tel: 0845 45 66 000
Consultant in Public Health Medicine on Tel: 01224 558520

A & E should only be involved where there is a significant injury occurring out of hours or an exposed employee cannot be seen in occupational health within 36 hours

Post exposure prophylaxis packs are located at:
- The Infection Unit, ARI
- Aboyne Health Centre
- Jubilee Hospital, Huntly
- Casualty, Chalmers Hospital Banff
- Casualty, Gilbert Bain, Shetland
- Special Clinic, Woolmanhill
- A & E, Dr Gray’s, Elgin
- Casualty, Peterhead
- Th/OPD, Orkney

GP / senior doctor or nurse present to interview SOURCE PATIENT
- If source status is not known, request blood sample with informed consent to be tested for hepatitis B, hepatitis C and HIV & a copy to be provided to occupational health.
- Consent should be documented in the patients’ notes. (consenting to testing does not affect insurance policies, only if a result is positive does the patient need to inform the insurer)
- Sample is sent to Virus Laboratory marked: “HEPATITIS B, HEPATITIS C & HIV STATUS source patient needlestick injury. Copy to OHS please”

Source bloods positive for HIV or assessed as high risk

OCCUPATIONAL HEALTH ADVISOR / GP / A&E doctor present to interview EXPOSED EMPLOYEE
- Take initial blood from exposed employee. Send to virology. Write clearly on request form ‘OHS-FOR STORAGE ONLY – NOT FOR TESTING’
- Consider need for hepatitis B post-exposure prophylaxis
- Arrange follow up in occupational health as soon as possible for recording incident and subsequent blood samples