

# SCHOOL OF NURSING AND MIDWIFERY

PROFESSIONAL NURSING &  
MIDWIFERY PRACTICE FOR  
INTERNATIONAL STUDENTS

Module NU3923:  
40 SCQF/20 ECTS credits (3 months)  
Bachelor Degree Programme



## THE ROBERT GORDON UNIVERSITY

The Robert Gordon University is a dynamic modern University with an International reputation for providing high quality education from undergraduate to PhD level. The Times Good University Guide 2013 named RGU as **the best modern University in the UK**. The Robert Gordon University's **Garthdee Campus**, which hosts the Faculty of Health and Social Care, is set in beautiful grounds on the banks of the River Dee. RGU Sport is in close vicinity to the Faculty where students can access state of the art fitness areas, a 25m swimming pool, an extensive range of exercise classes, the sports hall and a wall-climbing zone. There are also dining and student support services and changing rooms for cyclists. Aberdeen's alpine sports centre is located adjacent to the Garthdee Campus.

## THE FACULTY OF HEALTH AND SOCIAL CARE

The Faculty of Health and Social Care contains state of the art facilities for courses such as nursing, midwifery, social work, pharmacy, physiotherapy, radiography and occupational therapy. Students have access to well-equipped IT labs with full internet access, modern classrooms and lecture theatres equipped with data projectors and multimedia facilities, and a vast library resource. The Faculty possesses a clinical skills centre, which provides students with simulated practical learning in Intensive Care, Acute Post Surgery Care, Care of the Child, Care in the Home Setting, and Care of the Woman in Labour.

## SCHOOL OF NURSING AND MIDWIFERY

In collaboration with our clinical colleagues, the School of Nursing and Midwifery, provides a dynamic, supportive learning environment for third year undergraduate student nurses and midwives from our International Partner Institutions. We will help you to develop a personal learning programme to suit your individual professional development needs and provide you with the clinical learning you require to extend your practice portfolio.



## PROFESSIONAL NURSING & MIDWIFERY PRACTICE FOR INTERNATIONAL STUDENTS

### MODULE NU3923: 40 SCQF/20 ECTS CREDITS

This module offers International student nurses and midwives from our Partner Institutions the opportunity to experience professional clinical learning and practice in Scotland for a period of three months. You will be assigned to one of our International/European Link Teachers based at the University and a Mentor within the Health Care Organisation. You will be eligible for 40 SCQF/20 ECTS credits upon successful completion of the module.

#### AIM OF THE MODULE

To provide International student nurses and midwives with professional clinical experience in Scottish Health Care Institutions.

#### MODULE LEARNING OUTCOMES

On completion of the module, students are expected to be able to demonstrate achievement of the professional practice proficiencies as specified within the Scottish clinical assessment documentation. The student's Mentor will use the performance expectations, identified below, to make a judgement about the student's performance for each of the professional practice proficiencies:

- The student demonstrates a confident and working understanding of the limits of the subject area, evidenced through discussion and reflection with the Mentor.
- The student begins to self-direct him/herself, identify key elements or problems and choose appropriate methods to solve problems with only general guidance from the Mentor.
- The student demonstrates the ability to confidently interact with colleagues, client groups and significant others in all situations without the need for detailed guidance and demonstrates awareness of professional development needs.
- The student demonstrates the ability to select and use detailed principles to perform more complex skills, without the need for direct guidance from the Mentor.



#### MODULE OVERVIEW

- The module is 13 weeks in length
- One week Induction to Aberdeen, University and Health Care Organisation, and Preparation for Learning and Assessment in the Clinical Practice Setting. 12 weeks Professional Clinical Learning and Practice in the Health Care Organisation. The allocated clinical hours relate to 30 hours per week in the Health Care Organisation, with an additional 7.5 hours allocated to developing your cultural experiences and competence.

#### PRE-REQUISITES

- You are a third year student nurse or midwife from one of our Partner Institutions.
- As patients are unlikely to be able to speak additional languages in Scotland, English language preparation is essential at IELTS Level 7 or equivalent.
- You have a satisfactory health and criminal record status and have provided the evidence required, i.e.
  - Evidence of your vaccination against: Hepatitis B; Rubella; Varicella Zoster; Tetanus/Diphtheria/Polio; BCG (or Mantoux test, if BCG not given in your home country); Meningitis C (if you are under 25).
  - Proof that you do not have a Police or Criminal Record.
  - 2 Character references.
- You have been successful in your application to undertake the module.
- You have negotiated and planned a Personal Learning Programme to suit your professional development needs, with your University and the Robert Gordon University, prior to your arrival in Aberdeen.

#### UNIFORMS

- You will be provided with a nursing uniform, name badge and student ID from the Robert Gordon University.
- You are expected to bring your own white shoes, suitable for nursing practice.

## CONTACT WITH THE UNIVERSITY

You will have an identified International/European Link Teacher to support you during your application process and throughout your stay in Aberdeen. Additionally, you will be introduced to a number of staff within the School of Nursing and Midwifery and receive their contact details to ensure you are always able to access someone for advice and support. The European Link Teachers are:

Hogeschool Limburg, Limburg, Belgium  
Carol Jackson, Tel: + 44 (0) 1224 26 2922  
Email: c.jackson@rgu.ac.uk

Satakunta University of Applied Sciences, Satakunta, Finland  
Win Eboh, Tel: + 44 (0) 1224 26 2959  
Email: w.eboh@rgu.ac.uk

Kajaana University of Applied Sciences, Kajaani, Finland  
Win Eboh, Tel: + 44 (0) 1224 26 2959  
Email: w.eboh@rgu.ac.uk

Hogeschool Aalesund, Aalesund, Norway  
Vanessa Smith, Tel: + 44 (0) 1224 26 2962  
Email: v.a.smith2@rgu.ac.uk@rgu.ac.uk

Hogeschool Stord/Haugesund, Haugesund, Norway  
Vanessa Smith, Tel: + 44 (0) 1224 26 2962  
Email: v.a.smith2@rgu.ac.uk@rgu.ac.uk

University of Alicante, Alicante, Spain  
Katrina Whittingham,, Tel: + 44 (0) 1224 26 2984  
Email: k.a.whittingham1@rgu.ac.uk

Autonomous University of Barcelona, Barcelona, Spain  
Katrina Whittingham,, Tel: + 44 (0) 1224 26 2984  
Email: k.a.whittingham1@rgu.ac.uk

Zyud University of Applied Sciences, Netherlands  
Carol Jackson, Tel: +44 (0) 1224 26 2922  
Email: c.jackson@rgu.ac.uk



## MENTOR SUPPORT

Your Clinical Learning and Practice in the Health Care Organisation will be under the supervision of a trained Mentor, who has the additional experience and qualifications required to help you achieve the learning outcomes for the module. As a third year student nurse, it is essential that you continually liaise with your Mentor to ensure you meet your professional development needs and achieve a successful outcome for the module.

## MESSAGE FROM THE SCHOOL OF NURSING AND MIDWIFERY

To foster the development of a dynamic nursing and midwifery workforce, and excellence in higher education, professional practice & research, the School of Nursing and Midwifery supports International collaboration and exchange programmes for students, teachers, researchers and health care practitioners.

Developing professional and personal confidence, knowledge and skills as well as cultural competence in nursing in another country is an incredible achievement and a valuable asset to the global nursing profession.

This module could be the catalyst to you seeking future employment at an International level as a nurse or midwife and, if you have the ambition, to become an International leader to help shape the future of the global nursing and midwifery professions.

We wish you every success with your studies and your future career in nursing, whichever career pathway you choose.

### European Coordinator

**Jean Cowie** Tel: + 44 (0) 1224 26 2616  
Email: j.cowie@rgu.ac.uk

## MAP OF SCOTLAND AND THE UK



### SCOTLAND: ABERDEEN CITY

Scotland is a vibrant, exciting country, with around 800 islands and a population of around 5 million. It is easy to get to from Europe and easy to get around. Aberdeen is a prosperous, cosmopolitan city in the North East of Scotland with an international population of over 200,000 and a booming oil industry. The city has a fascinating culture and history, great places to stay, friendly people, inspiring scenery, superb food and drink, a lively social scene and a vast range of things to see and do.



### THE SCHOOL OF NURSING AND MIDWIFERY

Robert Gordon University  
Faculty of Health and Social Care  
Garthdee Campus  
Garthdee Road  
Aberdeen AB10 7QG  
Scotland  
United Kingdom

Designed by The Gatehouse, Design & Print Consultancy  
at Robert Gordon University in Aberdeen.

Robert Gordon University, a Scottish charity registered under charity number SCO13781